

The ABCs of Safe Sleep



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B **ON THIER
BACK**

C **IN A
CRIB**



Sweet Dreams—Safe Sleep for Your Baby

A Class for New and Expecting Moms, Dads and Grandparents

- Gain awareness of unsafe sleep practices and environments that could put your baby at risk
- Become familiar with safe sleep techniques that work.
- Learn about new crib standards and baby products
- Prepare to communicate with caregivers about your baby's safety
- Opportunity to WIN a FREE Pack & Play
- Bus tokens available at the event

CLASSES WILL BE HELD: 2nd Tuesday of each month from 6–8pm
and 2nd Saturday of each month from 10am–12pm

CLASS LOCATION: Bronson Gilmore Center for Health Education, Kalamazoo,

MI TO REGISTER: Visit www.bronsonhealth.com/classes-events
Or call Bronson HealthAnswers: **269-341-7723**

SAFE
K:DS
KALAMAZOO
COUNTY

Led By
 **BRONSON**
CHILDREN'S
HOSPITAL

Safe Kids Kalamazoo County
Bronson Children's Hospital
601 John St., Kalamazoo MI 49007
www.safekidskalamazoo.org
For more information call: 269-341-6508