



# Sports Safety Experts Available for Your Group

Sports medicine doctors, certified athletic trainers, and brain injury experts are available to speak at your meetings/events.

Safe Kids Kalamazoo County is providing this opportunity (*at no charge*) to help educate your parents, coaches and athletes about sports safety.

#### Popular Topics:

- Concussion prevention, recognition & response
- Pre-participation physical evaluations
- Proper hydration habits
- Overuse injury prevention methods
- Proper stretching and warm-up
- Proper equipment
- How to respond to an injury
- Coach emergency planning tips

For more information or to have a speaker come to your event, contact Deb Carpenter at 341-8830 or [carpentd@bronsonhg.org](mailto:carpentd@bronsonhg.org).



#### Program Partners

