



First Aid Kit

Suggested Contents:

1. Mouth-to-mouth barrier device
(Face shield or pocket mask)
2. Adhesive dressing (band aids),
assorted sizes
3. Medical and/or adhesive tape
4. Pressure dressing/gauze pads
5. Handwash packets
6. Scissors
7. Safety pins
8. Tweezers
9. Disposable non-latex gloves
10. Roller bandages
11. Triangular bandages
12. Plastic bag /Ice
13. Flashlight & extra batteries
14. Pen & notepad
15. First aid reference guide

In vehicles include reflective belt/vest and emergency triangular reflectors and flare.

Courtesy of Safe Kids Kalamazoo County